



# Hayagriva Buddhist Centre

## Geshe Thubten Sherab - 'From the Heart'

Perth, March/April 2023

Talk: Introduction to the Heart Sutra		
<b>Friday 31<sup>st</sup> March</b>		
7.30 – 9.00pm	Geshela	
The Heart Sutra Workshop		
<b>Saturday Apr 1</b>		
10:00 - 11.10	Geshela	
11:10 - 11:30	<i>Tea Break</i>	
11:30 - 12:30	Geshela	
12:30 - 1:30	<i>Lunch Break</i>	
1:30 - 2:15	Ven Chokyi	Interactive session
2:15 - 2:30	<i>Short break</i>	
2:30 - 4:00	Geshela	
4:00 – 4:15	<i>Short break</i>	
4:15 - 5:00	Geshela	Q&A
<b>Sunday April 2</b>		
10:00 – 10:45	Ven Chokyi	Meditation - Heart Sutra
10:45 – 11:00	<i>Short break</i>	
11:00 – 12:30	Geshela	
12:30 – 1:30	<i>Lunch break</i>	<i>Students BYO lunch</i>
1:30 – 2:15	Ven Chokyi	Interactive session
2:15 – 2:30	<i>Short break</i>	
2:30 – 4:00	Geshela	2:30 brief Tara wall consecration
4:00 – 4:15	<i>Short break</i>	
4:15 – 4:45	Geshela	Q&A
4:45		Dedications and Thanksgiving Mandala

Note: All times are shown as Australian Western Standard Time (AWST)

Cultivate Wisdom with Compassion

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Member of the Foundation for the Preservation  
of the Mahayana Tradition