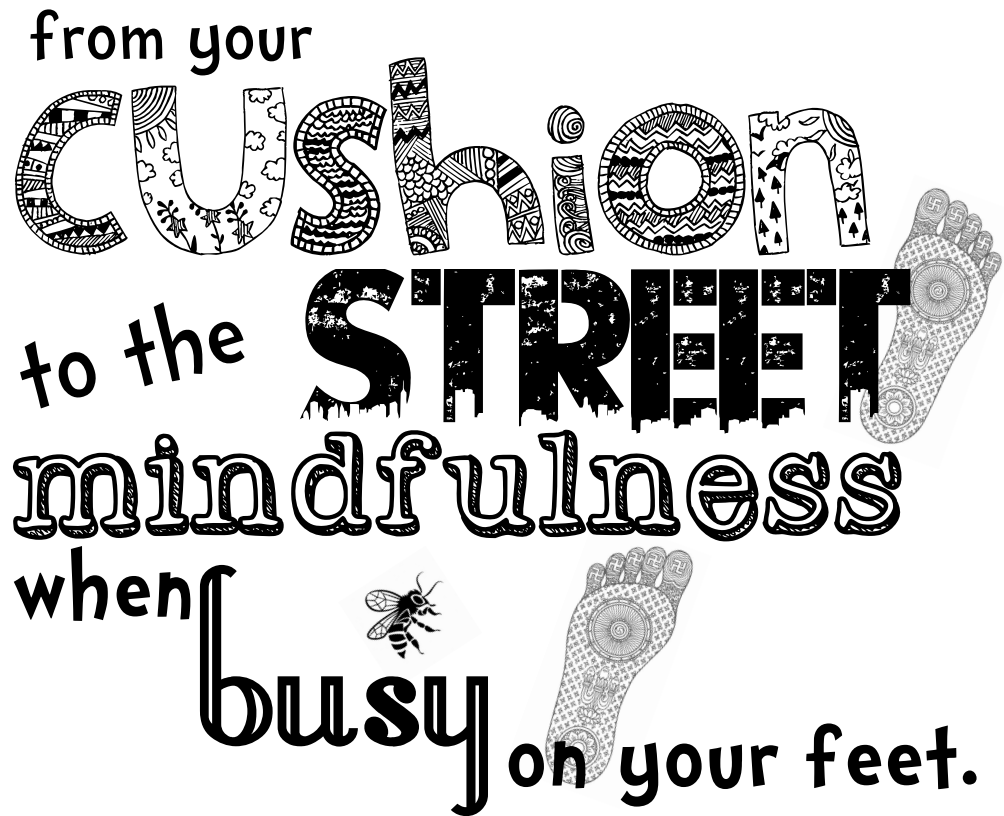


from your
CUSHION
to the **STREET**
mindfulness
when **busy** on your feet.



Mindfulness in Daily Life
Half day workshop with Ven Dekyi,
Saturday March 14, 1-5 pm



Venerable Jampa Dekyi was born in Australia in 1945. Meeting the Buddhadharma in Australia in 1992, a first meditation session instantly inspired Ven Dekyi to wish to become ordained. This happened in May 1993 where she took Rabjung vows with Geshe Tashi Tsering at Chenrezig Institute, and in October of the same year she took Getsul ordination with Khensue Rinpoche. Ven Dekyi's wish is to share the beauty, depth and practical compassion of the Buddhadharma with all who have an interest.



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