



KANGAROO ISLAND SA
30 SEPT - 11TH OCT 2017

9TH NATIONAL 10 DAY LAM RIM MEDITATION RETREAT

Led by Venerable Tenzin Tsapel



Australian nun Venerable Tenzin Tsapel was ordained in 1985 and studied at Chenrezig Institute for 16 years with Khen Rinpoche Tashi Tsering. Venerable Tsapel was the resident non-Tibetan teacher there, and has also been resident teacher at Vajrayana Institute, Sydney, Chandrakirti Centre, New Zealand, and Golden Light Sutra Centre in Mongolia. She has led many retreats, and completed a number of solitary retreats including a two year shamatha retreat at De-Tong Ling. She is currently a Board member of Atisha Centre, Bendigo as well as project manager for its proposed nuns community building. She has recently been appointed SPC for the Heart of Wisdom Retreat at the Great Stupa in 2018.

De Tong Ling is a developing retreat centre on Kangaroo Island in South Australia. On 1300 hundred acres of remote wilderness, its natural setting offers abundant silence, pure air and water with long views out to the sea.

Prerequisites:

Refuge and familiarity with the lam rim.

Costs:

camping \$530

dormitory style \$660

Premium twin share \$815

Premium twin ensuite \$870

Premium single \$870

Price is per person & includes all fully catered meals, accomodation and travel expenses both ways from Buddha House, Adelaide (cost of ferry included)

Bookings and inquiries

Matt - 0474550034 or
manager@detongling.org

For further information go to
www.detongling.org

10% Discount for DTL
members